

Get screened

Talk with your doctor about which screenings to get — and when to get them.

Starting in childhood ...

Obesity

Age: 6+

Frequency: Yearly*



of U.S. adults have obesity.

Depression

Age: 12 to 80+

Frequency: At least once, and when provider sees likely cause for retesting*

High cholesterol

Age: 9 to 75+

Frequency: At least once in childhood; Every 4 to 6 years as adults;† More often from ages 40 to 75*



HIV

Age: 13+

Frequency: Varies by sexual activity and demographic*

13%

of people with HIV are undiagnosed.*



High blood pressure

Age: 18 to 80+

Frequency: Every 3 to 5 years from ages 18 to 34; Annually after age 40;† More often with risk factors.

Nearly half of adults have high blood pressure.*



Cervical cancer

Age: 21 to 65

Frequency: Every 3 to 5 years, depending on screening method used*

STIs

Age: Sexually active years

Frequency: Varies by sexual activity and demographic*

Hepatitis C

Age: 18 to 79

Frequency: Once, more often with risk factors*

2.4M

people have a current Hep C infection.*



Tobacco, drug and alcohol use

Age: 18+

Frequency: Every provider visit*

Tobacco is the leading cause of preventable death.*



In later years ...

Breast cancer

Age: 40 to 75

Frequency: Every two years between ages 50 and 75*



of women aged 50 to 74 are up to date on their screenings.

Lung cancer

Age: 50 to 80

Frequency: Yearly for smokers or past smokers*

Fewer than 6% of those eligible have been screened.*



Diabetes

Age: 35 to 79 for at-risk groups

Frequency: Every 3 years*



Colorectal cancer

Age: 45 to 75

Frequency: Yearly to every 10 years, based on method and risk factors*



of adults are up to date.*

Osteoporosis

Age: Women and all bone people, 65 to 80+, earlier with risk factors

Frequency: As determined by physician*

Only 27% of women ages 65 to 79 get screenings.*



The above screenings are offered through CVS Health's MinuteClinic locations. Schedule an appointment here: www.cvs.com/minute-clinic

For other screenings recommended based on your age, gender and medical history, consult your physician.



For more information, read our Health Trends Report: [cvs.com/HealthTrends/PreventiveCare](https://www.cvs.com/HealthTrends/PreventiveCare)

Sources:

- *The percentage of U.S. adults who are up to date on their obesity screenings is [42%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their depression screenings is [30%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their high cholesterol screenings is [50%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their high blood pressure screenings is [43%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their HIV screenings is [13%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their cervical cancer screenings is [84%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their STI screenings is [63%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their Hepatitis C screenings is [16%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their tobacco, drug and alcohol use screenings is [95%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their diabetes screenings is [72%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their colorectal cancer screenings is [72%](#). Accessed June 28, 2023.
- **The percentage of U.S. women who are up to date on their breast cancer screenings is [76%](#). Accessed June 28, 2023.
- **The percentage of U.S. men who are up to date on their lung cancer screenings is [6%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their osteoporosis screenings is [27%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their HIV screenings is [13%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their cervical cancer screenings is [84%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their STI screenings is [63%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their Hepatitis C screenings is [16%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their tobacco, drug and alcohol use screenings is [95%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their diabetes screenings is [72%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their colorectal cancer screenings is [72%](#). Accessed June 28, 2023.
- **The percentage of U.S. women who are up to date on their breast cancer screenings is [76%](#). Accessed June 28, 2023.
- **The percentage of U.S. men who are up to date on their lung cancer screenings is [6%](#). Accessed June 28, 2023.
- **The percentage of U.S. adults who are up to date on their osteoporosis screenings is [27%](#). Accessed June 28, 2023.