Seeking a connected health care experience

Post-pandemic, many consumers have a renewed interest in health goals and habits, and they want their care to reflect this.

Consumers are engaging with their health on a more personal level. They welcome building deeper relationships with their providers and recognize the value of supportive relationships.



# People want their primary care providers to know and understand their lifestyle.

A majority of consumers said it is important their primary care provider be aware of their:

83%

Lifestyle habits that could impact their health



80%

Health goals



**70%** 

Supportive relationships





## People want more personal engagement with their providers.



**85%** of consumers find personalized care to be important.



83% of consumers said it was important their primary care provider be aware of their family medical history, genetics and inherited lifestyle habits.

#### People feel a renewed commitment to preventive care.



#### 50%

of consumers say that their annual checkup is what most often leads them to visit or communicate with their PCP.



79%

of consumers ages 65 and over say this is the most frequent reason.



17%

of consumers say they are actually more likely to book annual checkups and screenings than they were before the pandemic.

### Consumers want and expect to have an integrated health care experience that features virtual and digital access to providers.

**59%** 

of consumers said it was important to their health that they have access to virtual and telehealth services.



35%

of consumers are very likely to consider using a virtual visit if a physical exam were not needed.



88%

of consumers said automated appointment reminders by phone or text were important.



