

Age-friendly care is critical because seniors...



...are living longer...

2017 **79.7** > **85.6** 2060

By 2060, life expectancy is projected to increase by about six years¹



2017 **16%**

...Making up more of the population...



2060 **23%**

Share of total population of those 65 and older²

And when they get care, it's often more complex.

They have multiple conditions...

80% percent of older adults have at least one chronic condition

77% percent have at least two³

...They use more medications...



The average older adult takes four or more prescription drugs each day



39% take five or more.⁴



...end up in hospitals more often...

1 in 5 ER visits are from elderly patients⁵

...and are more likely to return.

One in five seniors is readmitted to hospital within

30 days⁶

Age-friendly health care calls for the **4 Ms**

Medication

Providers review prescriptions and look for potential problems—drugs that can be switched out, decreased or deprescribed for better health and quality of life.⁷

15%

of older patients presenting to medical facilities have adverse drug events.

These events may be preventable

50% of the time.⁸

Mobility

Patients share their limitations in mobility and get help thinking through potential risks around their home or daily environment.⁹

Every 11 seconds, an older adult is treated for a fall.

Every 19 minutes, an older adult dies from one.

These injuries cost **\$50 billion** a year.¹⁰

Mentation

Providers follow best practices and use screening tools to discover and discuss risks such as dementia and depression.¹¹

50% of the time.

Physicians fail to recognize cognitive impairment and dementia in older patients.¹²

And what Matters

Understanding the patient's goals and priorities can mean conversations about end-of-life care or preferences around management of a disease.¹³

In a survey of older patients with multiple chronic conditions,

76%

said that maintaining independence was their top priority¹⁴