



Tested to be Trusted™

You have standards. So do we.

We require third-party testing of all vitamins and supplements to confirm they meet our high standards. It's our commitment to you and your family. To know if a product's been tested, check for a Supplement Facts panel. You'll know that what the label says is what you get.

What's in your supplement.

- ✓ The vitamin or supplement needs to contain all of the dietary ingredients and the amount per serving listed in the center of the Supplement Facts panel. (Marked with a check in the example here.)
- ✗ The Other Ingredients listed below the box are not confirmed. (Marked with an X in the example shown here.)



What's not in your supplement.

Products must be free from specific, identified harmful contaminants, and other contaminants must not exceed set standards. These include:

Metals.

These heavy metals can't exceed the current industry standards:

- Inorganic arsenic
- Cadmium
- Chromium (VI)
- Lead
- Mercury

Pesticides.

Products that claim to contain botanical ingredients can't contain pesticides exceeding current regulatory standards. Compounds tested are based on those suggested by the United States Department of Agriculture (USDA) National Organics Program document USDA-NOP-2611-1.

Microbiological components.

We test for the presence of certain microbiological pathogens, including salmonella, E. coli and S. aureus.

Microbiological activity — aerobic plate count, yeast and mold — must be within current allowable limits.

Accepted microbiological limits are based on industry standards.

Industrial contaminants in fish oil.

When ingredients and products contain natural fish oil, manufacturers must have controls in place to screen for polychlorinated biphenyls (PCBs), polychlorinated dibenzo-para-dioxins (PCDDs), polychlorinated dibenzofurans (PCDFs) and dioxin-like PCBs.

"Free from" claims.

Any gluten-free, wheat-free or yeast-free claims made on the Supplement Facts panel are verified following Food and Drug Administration (FDA) standards.

For gluten-free products, for example, that means less than 20 parts per million.

How it's made.

Our suppliers are required to meet current Good Manufacturing Practice (GMP) requirements and/or Global Food Safety Initiative (GFSI) standards. Because how vitamins and supplements are made can impact what's inside.

Want to learn more? Visit [CVS.com/Tested-Trusted](https://www.cvs.com/Tested-Trusted)

